



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Engelking, Hans-Heinrich

Club: Union Minden

Number: 1085

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:04:32

Speed: 7.71 km/h

metres in height up: 262

Course score: 19.93

performance score: 164 Points