



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Heins, Helga

Club: Stadt Bochum Walking Team

Number: 105

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:08:59

Speed: 7.44 km/h

metres in height up: 262

Course score: 19.93

performance score: 158 Points