



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Hesse, Roland

Club: LF Lühtringen

Number: 155

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:07:10

Speed: 7.55 km/h

metres in height up: 262

Course score: 19.93

performance score: 161 Points