



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Ahrendt, Kirstin

Club: Laufteam Gescher

Number: 1181

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:10:03

Speed: 7.38 km/h

metres in height up: 262

Course score: 19.93

performance score: 157 Points