



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Bracklow, Elisabeth

Club: Koronarsportverein Distel-Walker
Number: 135

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:08:04

Speed: 7.50 km/h

metres in height up: 262

Course score: 19.93

performance score: 160 Points