



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Schüngel, Monika

Club: WT-Soest

Number: 1132

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:08:06

Speed: 7.49 km/h

metres in height up: 262

Course score: 19.93

performance score: 160 Points