



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Kaidat, Donald

Club: TBS-Herne

Number: 1142

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:09:37

Speed: 7.68 km/h

metres in height up: 262

Course score: 19.93

performance score: 158 Points