



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Kohorst, Ursula

Club: ASV-Sendener Walking-Mäuse
Number: 43

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 2:01:37

Speed: 5.92 km/h

metres in height up: 218
Course score: 15.27

performance score: 90 Points