



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Matthes, Regina

Club: Hohe Ward Gazellen/TuS-Hiltrup  
Number: 1174

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:13:08

Speed: 7.21 km/h

metres in height up: 262

Course score: 19.93

performance score: 154 Points