



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

**Bludom, Betty**

Club: LG Halver Schalksmühle  
Number: 1133

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:11:04

Speed: 7.32 km/h

metres in height up: 262  
Course score: 19.93

performance score: 156 Points