



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Lenschow, Sylvia

Club: TV-Friesen Telgte

Number: 1191

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:13:50

Speed: 7.44 km/h

metres in height up: 262

Course score: 19.93

performance score: 153 Points