



5. Walking-Day am Möhnensee  
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

**Braß, Christian**

Club: WT-Soest

Number: 124

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:12:56

Speed: 7.22 km/h

metres in height up: 262

Course score: 19.93

performance score: 154 Points