



5. Walking-Day am Möhnensee  
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Marmulla, Christian

Club: Westfalia Herne

Number: 1143

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:12:51

Speed: 7.23 km/h

metres in height up: 262

Course score: 19.93

performance score: 154 Points