



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Beier, Rudolf

Club: Koronarsportverein Distel-Walker
Number: 141

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:13:51

Speed: 7.17 km/h

metres in height up: 262

Course score: 19.93

performance score: 153 Points