



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Vogeler, Rolf

Club: Escargots Bochum
Number: 178

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:13:55

Speed: 7.17 km/h

metres in height up: 262
Course score: 19.93

performance score: 153 Points