



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Steffen, Renate

Club: Union Minden

Number: 118

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:14:34

Speed: 7.13 km/h

metres in height up: 262

Course score: 19.93

performance score: 152 Points