



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Krombholz, Jörg

Club: Koronarsportverein Distel-Walker  
Number: 142

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:14:53

Speed: 7.12 km/h

metres in height up: 262

Course score: 19.93

performance score: 152 Points