



5. Walking-Day am Möhnensee  
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Quensel, Peter

Club: Escargots Bochum

Number: 179

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:17:18

Speed: 7.25 km/h

metres in height up: 262

Course score: 19.93

performance score: 149 Points