



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Grote, Heidi

Club: Werl

Number: 672

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 2:09:37

Speed: 5.55 km/h

metres in height up: 218

Course score: 15.27

performance score: 85 Points