



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Bettermann, Friedhelm

Club: Werne

Number: 164

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:21:30

Speed: 7.04 km/h

metres in height up: 262

Course score: 19.93

performance score: 145 Points