



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Gnaß, Brigitte

Club: Koronarsportverein Distel-Walker
Number: 134

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:19:01

Speed: 6.91 km/h

metres in height up: 262

Course score: 19.93

performance score: 147 Points