



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Pauly, Manfred

Club: www.jogmap.de

Number: 129

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:20:28

Speed: 6.83 km/h

metres in height up: 262

Course score: 19.93

performance score: 146 Points