



5. Walking-Day am Möhnensee
Möhnensee-Körbecke / 05.06.2010

Detailed evaluation

Drees, Frank

Club: Koronarsportverein Distel-Walker
Number: 146

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:26:22

Speed: 6.56 km/h

metres in height up: 262

Course score: 19.93

performance score: 140 Points