



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Frohwerk, Rosi

Club: ASV-Sendener Walking-Mäuse
Number: 1192

Course: 16.60 km

Möhne-Reha-Lauf (Walking)

Total time: 2:30:16

Speed: 6.39 km/h

metres in height up: 262

Course score: 19.93

performance score: 136 Points