



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Helbig, Frank

Club: Fitline  
Number: 290

Course: 5.00 km  
Conversano-Lauf (Nordic Walking)

Total time: 45:07

Speed: 6.65 km/h

metres in height up: 42  
Course score: 5.63

performance score: 37 Points