



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Illmer, Carsten

Club: Intersport Arndt
Number: 666

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:23:12

Speed: 8.65 km/h

metres in height up: 218
Course score: 15.27

performance score: 132 Points