



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Rodehuser, Klaus

Club: Tri-Cops-Warstein
Number: 676

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:28:30

Speed: 8.14 km/h

metres in height up: 218

Course score: 15.27

performance score: 124 Points