



5. Walking-Day am Möhnesee  
Möhnesee-Körbecke / 05.06.2010

Detailed evaluation

Engelmohr, Tilo

Club: Postsportverein Unna  
Number: 693

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:29:28

Speed: 8.05 km/h

metres in height up: 218

Course score: 15.27

performance score: 123 Points