



# 13. TRENGADE - MTB-Marathon

Clausthal-Zellerfeld / 06.06.2010

## Detailed evaluation

**Frommelt, Michael**

Club: Alpin-Club Hannover  
Number: 206

Course: 68.00 km  
Mitteldistanz

Category:  
Senioren

Total time: 3:44:08

Speed: 18.20 km/h

Rank in course/Total: 69 (of 132)

Rank in course/Men: 67 (of 127)

Best time in course: 2:37:14

Rank in category: 23(of 57)

Best time in the category: 2:44:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Lap 1	22.50	54:27	24.79	12	12:25	41	14:06	22.50	54:27	24.79	49			69	
Lap 2	34.00	1:53:15	18.01	26	30:22	73	34:06	56.50	2:47:42	20.21	48			67	48:12
Last lap Finish	11.50	56:26	12.23	30	17:20	75	18:42	68.00	3:44:08	18.20	30	2:29:03		81	2:39:21