



13. TRENGADE - MTB-Marathon

Clausthal-Zellerfeld / 06.06.2010

Detailed evaluation

Rokahr, Holger

Club: Springe

Number: 3

Course: 102.00 km

Langdistanz

Category:

Senioren

Total time: 5:27:17

Speed: 18.70 km/h

Rank in course/Total: 27 (of 48)

Rank in course/Men: 27 (of 46)

Best time in course: 4:06:43

Rank in category: 10(of 17)

Best time in the category: 4:11:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|-------|------|--------|-----|--------|--------|---------|-------|------|---------|-----|---------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Lap 1 | 22.50 | 54:15 | 24.88 | 11 | 13:29 | 26 | 13:57 | 22.50 | 54:15 | 24.88 | 10 | 13:29 | 9 | 2:39 |
| Lap 2 | 34.00 | 1:45:18 | 19.37 | 10 | 23:09 | 28 | 23:46 | 56.50 | 2:39:33 | 21.25 | 10 | 36:38 | 9 | 0:04 |
| Lap 3 | 34.00 | 1:55:53 | 17.60 | 12 | 31:55 | 30 | 31:55 | 90.50 | 4:35:26 | 19.71 | 10 | 1:08:33 | 8 | |
| Last lap Finish | 11.50 | 51:51 | 13.31 | 9 | 9:04 | 26 | 12:02 | 102.00 | 5:27:17 | 18.70 | 12 | 3:29:27 | 35 | 3:29:27 |