



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Sömmer, Fred

Club: Wartburg-Sparkasse

Number: 77

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M40

Total time: 57:55

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 48 (of 76)

Rank in course/Men: 34 (of 46)

Best time in course: 37:29

Rank in category: 7(of 11)

Best time in the category: 37:29