



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Rögner, Ilva

Club: Kloster

Number: 147

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W45

Total time: 1:00:30

Speed: 9.92 km/h

Running performance: 6:03 min/km

Rank in course/Total: 57 (of 76)

Rank in course/Women: 18 (of 30)

Best time in course: 38:48

Rank in category: 5(of 6)

Best time in the category: 49:02