



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Helbig, Hans-Peter**

Club: Stedtfelder Rennsteigfreunde  
Number: 139

Course: 10.00 km  
Keltenbadlauf (Lauf)

Category:  
Männer M65

Total time: 1:04:40

Speed: 9.28 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 61 (of 76)

Rank in course/Men: 42 (of 46)

Best time in course: 37:29

Rank in category: 2(of 2)

Best time in the category: 59:45