



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Metz, Karin**

Club: Spargelläufer Herbsleben

Number: 131

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W55

Total time: 1:04:42

Speed: 9.27 km/h

Running performance: 6:28 min/km

Rank in course/Total: 62 (of 76)

Rank in course/Women: 20 (of 30)

Best time in course: 38:48

Rank in category: 1(of 2)

Best time in the category: 1:04:42