



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

Lochmann, Ingo

Club: ASKLEPIOS Medical Team

Number: 66

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 1:06:20

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 66 (of 76)

Rank in course/Men: 45 (of 46)

Best time in course: 37:29

Rank in category: 8(of 9)

Best time in the category: 42:22