



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Volkert, Sophie**

Club: Bad Salzungen

Number: 149

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W20

Total time: 1:06:54

Speed: 8.97 km/h

Running performance: 6:41 min/km

Rank in course/Total: 68 (of 76)

Rank in course/Women: 23 (of 30)

Best time in course: 38:48

Rank in category: 4(of 4)

Best time in the category: 44:31