



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Amstein, Torsten

Club: Uni Jena

Number: 347

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M20

Total time: 1:24:01

Speed: 15.00 km/h

Running performance: 3:59 min/km

Rank in course/Total: 3 (of 164)

Rank in course/Men: 3 (of 127)

Best time in course: 1:22:05

Rank in category: 1(of 17)

Best time in the category: 1:24:01