



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Rippel, Markus**

Club: SV Normania Treffurt

Number: 307

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M30

Total time: 1:28:37

Speed: 14.22 km/h

Running performance: 4:12 min/km

Rank in course/Total: 5 (of 164)

Rank in course/Men: 5 (of 127)

Best time in course: 1:22:05

Rank in category: 3(of 16)

Best time in the category: 1:22:24