



7. Town & Country Pummälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Mahrt, Jörg

Club: Eisenach

Number: 350

Course: 21.10 km

Pummälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:29:52

Speed: 14.02 km/h

Running performance: 4:16 min/km

Rank in course/Total: 8 (of 164)

Rank in course/Men: 8 (of 127)

Best time in course: 1:22:05

Rank in category: 2(of 25)

Best time in the category: 1:28:40