



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Rau, Max

Club: DAV Inselberg

Number: 527

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M20

Total time: 1:32:32

Speed: 13.62 km/h

Running performance: 4:23 min/km

Rank in course/Total: 12 (of 164)

Rank in course/Men: 12 (of 127)

Best time in course: 1:22:05

Rank in category: 2(of 17)

Best time in the category: 1:24:01