



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Becker, Lars

Club: SG Glücksbrunn Schweina

Number: 515

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 1:33:16

Speed: 13.51 km/h

Running performance: 4:25 min/km

Rank in course/Total: 15 (of 164)

Rank in course/Men: 15 (of 127)

Best time in course: 1:22:05

Rank in category: 1(of 22)

Best time in the category: 1:33:16