



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Thomas, Dirk

Club: Eisenach

Number: 20

Course: 42.20 km

Melborn Marathon

Category:

Männer M40

Total time: 3:33:29

Speed: 11.80 km/h

Running performance: 5:04 min/km

Rank in course/Total: 5 (of 19)

Rank in course/Men: 5 (of 15)

Best time in course: 2:54:50

Rank in category: 2(of 4)

Best time in the category: 2:54:50