



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Steinbach, Maik

Club: Sportteam Steinbach Meiningen
Number: 331

Course: 21.10 km
Pummwälz Halbmarathon (Lauf)

Category:
Männer M30

Total time: 1:48:29

Speed: 11.61 km/h
Running performance: 5:08 min/km

Rank in course/Total: 52 (of 164)

Rank in course/Men: 49 (of 127)

Best time in course: 1:22:05

Rank in category: 8(of 16)

Best time in the category: 1:22:24