



7. Town & Country Pumpsalzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Ernst, Marcel

Club: SV 05 Friedrichroda

Number: 348

Course: 21.10 km

Pumpsalz Halbmarathon (Lauf)

Category:

Männer M20

Total time: 1:48:47

Speed: 11.58 km/h

Running performance: 5:10 min/km

Rank in course/Total: 54 (of 164)

Rank in course/Men: 51 (of 127)

Best time in course: 1:22:05

Rank in category: 12(of 17)

Best time in the category: 1:24:01