



## 7. Town & Country Pumpsälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Amarell, Ludwig**

Club: Rennsteiglaufverein LG Süd  
Number: 524

Course: 21.10 km  
Pumpsälz Halbmarathon (Lauf)

Category:  
Männer M75

Total time: 1:50:46

Speed: 11.38 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 64 (of 164)

Rank in course/Men: 61 (of 127)

Best time in course: 1:22:05

Rank in category: 1(of 1)

Best time in the category: 1:50:46