



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Rodolph, Bernd**

Club: Breitung

Number: 525

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 1:51:46

Speed: 11.27 km/h

Running performance: 5:18 min/km

Rank in course/Total: 70 (of 164)

Rank in course/Men: 66 (of 127)

Best time in course: 1:22:05

Rank in category: 10(of 22)

Best time in the category: 1:33:16