



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Jurack, Harry**

Club: VS Herrenhof

Number: 435

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:52:40

Speed: 11.18 km/h

Running performance: 5:20 min/km

Rank in course/Total: 77 (of 164)

Rank in course/Men: 71 (of 127)

Best time in course: 1:22:05

Rank in category: 5(of 12)

Best time in the category: 1:35:56