



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Beinersdorf, Heiko

Club: Weimar

Number: 327

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M30

Total time: 1:52:50

Speed: 11.17 km/h

Running performance: 5:21 min/km

Rank in course/Total: 79 (of 164)

Rank in course/Men: 73 (of 127)

Best time in course: 1:22:05

Rank in category: 12(of 16)

Best time in the category: 1:22:24