



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Scharfenberg, Jörg**

Club: Bärfeldser Säcke

Number: 533

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M40

Total time: 1:53:34

Speed: 11.09 km/h

Running performance: 5:23 min/km

Rank in course/Total: 82 (of 164)

Rank in course/Men: 75 (of 127)

Best time in course: 1:22:05

Rank in category: 14(of 25)

Best time in the category: 1:28:40