



7. Town & Country Pummälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 530

Course: 21.10 km

Pummälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 1:54:15

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course/Total: 84 (of 164)

Rank in course/Men: 77 (of 127)

Best time in course: 1:22:05

Rank in category: 13(of 22)

Best time in the category: 1:33:16